



PULLMAN PARKS & RECREATION

...*YOUR RECREATION CONNECTION*

Upcoming Events

- ⇒ August 1: Concerts in the Park: Aaron Cerutti Band
- ⇒ August 8: Concerts in the Park: Mojo Box
- ⇒ August 9-11: 10th annual "Stuff-the-Bus" Drive
- ⇒ August 15: Concerts in the Park: Soulstice
- ⇒ August 17 & 18: National Lentil Festival
- ⇒ August 20: WSU classes start
- ⇒ August 27: Preschool open house (for currently enrolled students only)
- ⇒ August 29: Parks and Recreation Preschool Starts

August 2018

The wheat is turning brown, the WSU students are coming back into Pullman, and parents are starting their back to school shopping. But we still have a few more weeks of summer yet and we're here to help you make the most of them! We still have camps and activities available to round out your summer. Don't forget the best place in town to beat the August heat is Reaney Park Pool! And concerts in the park continues into August with 3 more Wednesday performances.

The summer wraps up with the 30th Annual National Lentil Festival!

Don't miss the event of the year at Reaney Park on August 17th and 18th. Featuring music, food, local business and non-profit vendors, a beer garden, the worlds largest bowl of lentil chili, and our 3-on-3 Hoop Classic! Details at

<http://www.lentilfest.com/>



Keep a lookout for our fall brochure coming soon.

Registration for our fall programs begin August 22.

Register online at www.PullmanParksandRec.com or by calling 509-338-3227.

Happy summer and welcome fall!

Contact Us

240 SE Dexter St, Pullman WA

Office: 509-338-3227

Rainout Line: 509-334-3131

recreation@pullman-wa.gov

www.PullmanParksandRec.com





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August 2018

We've had a great summer, and its not over yet! Join us in August for more camps and activities before the school year starts up again. We have day camps, gymnastics, martial arts, Skyhawks, swim lessons, science camps, and much more! Spend it with us! Sign up today at www.pullmanparksandrec.com or by calling (509) 338-3227





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August 2018



Parks & Recreation Commission

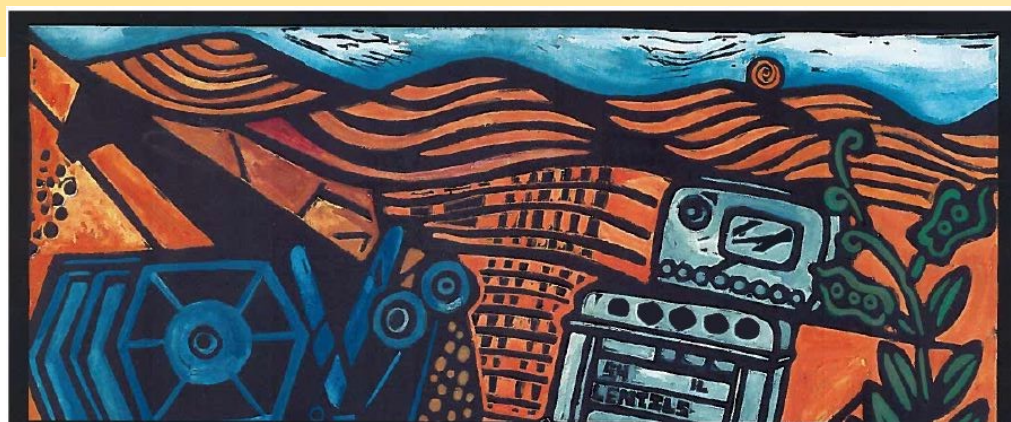
Current Members:

Rebecca Dueben
Sam Fereidooni
Zachary Fredrickson
Lynda Hamilton
Mick Nazerali, Chairman
Rod Schwartz
Matthew Winchell

Meetings:

2nd Wednesday of each month at 6:30pm at City Hall

Special Meeting notices and cancellations posted at City Hall entrances



30th Annual National Lentil Festival

August 17-18, 2018 • Pullman, Washington

Reaney Park and Spring Street Parking Lot

Free Admission • lentilfest.com

FEATURING

THE BREVET

Friday, Aug 17



THE CADILLAC THREE

Saturday, Aug 18



For more information about the festival and how to register for activities, visit:

lentilfest.com

or call 800-365-6948

FRIDAY

FREE Samples from the World's Largest Bowl of Lentil Chili
Beer and Wine Garden
Live Entertainment on 3 Stages
Food and Marketplace Vendors
Ask the Experts - From Growing to Cooking to Eating
Lentil Land Kid's Area
Garbanzo Garden
Tase T. Lentil Mini-Golf Tourney



WASHINGTON STATE UNIVERSITY



SATURDAY

Live Cooking Demos
Legendary Lentil Cook-off
Tase T. Lentil 5K Fun Run
Tour de Lentil Bike Ride
Lentil Pancake Breakfast
Co-ed Softball Tournament
3-on-3 Hoop Classic
Tennis Tournament
Grand Parade
Lil' Lentil Royalty Coronation
Beer and Wine Garden
Tase T. Lentil Mini-Golf Tourney
Food and Marketplace Vendors
Lentil Land Kid's Area
Garbanzo Garden
Live Entertainment on 3 Stages



Facebook/LentilFest

Twitter/LentilFest

Instagram/LentilFest



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Programs beginning in June
(see our brochure for a full listing of all of our programs)

August 2018

Discovery Zone

Summer Adventure Camp Summer USA:

These week-long, half-day camps are designed for campers, ages 3-6 years, who would like to have group fun and build new friendships. The camps are 8:00am-12:00pm daily. There will be a variety of age-appropriate activities each week, including special guests, art and crafts, music, science, movement activities, indoor/outdoor play time, and field trips based on each week's theme.

Instructors: Jean Druffel/Ashley Pemberton/Nicole Grote
Location: Pioneer Center

Utah

M-F.....Aug 6-10.....8:00am - 12:00pm

Hawaii

M-F.....Aug 13-17.....8:00am - 12:00pm

\$83/week

Summer Explorers Camp These week-long, half-day camps are designed for campers entering 1st grade-11 years, who would like to have group fun and build new friendships. There will be a variety of age-appropriate activities each week, including: swimming at the Reaney Park Pool, special guests, arts and craft projects, science, games, sports, and field trips. Many activities will take place in and around the local community.

Instructor: Marlin Mangels/Recreation Staff

Location: Pioneer Center

Week 7: M-F.....Aug 6-10.....8:00am-12:00pm

Week 8: M-F.....Aug 13-17.....8:00am-12:00pm

\$83

Horse & Pony Camp: Horse and Pony Camp brings horse crazy children together for a fun and exciting week of learning, growing, and riding at Wonder Stables. Horse and Pony Camp is a day camp that includes riding lessons, horsemanship, and arts/crafts. There will be a horse show/awards ceremony on last day of camp to share with friends and family what has been learned at camp. No experience with horses is necessary.

Instructor: Nicolette Farenbaugh

Location: Wonder Stables, Pullman Moscow Hwy

Age: 7-12 yrs

M-Th.....Aug 20- 23.....9:00am-3:00pm

\$325

Discovery Zone

Campus Adventures!: Come join us for a week packed with fun and science! We will explore what WSU's campus has to offer. While roaming throughout campus, we will find treasures such as the Conner Museum, the new Art Museum, and an abundant entomology collection. There are labs ready to show off their research and state-of-the-art technology. We will dive into hands-on demonstrations and experiments. Enter with a guided, behind-the-scenes tour. In addition, we will finish off the week by checking out Ferdinand's Creamery for a delicious treat! The treat is included in the class fee.

Wear clothes and shoes that are comfortable to move in. Bring plenty of food and water to fuel an active body and mind. Please apply sun screen beforehand.

Instructor: Jamie Gaber

Location: Reaney Park

Age: 7-15 yrs

M-F.....Aug 13-17.....1:00-5:00pm

\$98

Dungeons & Dragons Game Days: This is a super fun game that relies on role playing and storytelling to send you on an exciting journey of creativity. Create a character that is as cool or silly as you would like it to be. Journey into the enchanted realm of Farr with your teammates to find adventure! No experience with role playing is necessary. Club will meet two Wednesday a month. Having your own copy of D & D 5e Players Handbook is not necessary, but bring if you have one! All game equipment provided.

Instructor: Mr M (Marlin Mangels)

Location: Pioneer Center

Age: 11-16 yrs

W.....Aug 8.....5:30-8:30pm

W.....Aug 22.....5:30-8:30pm

\$26

Discovery Zone

Scotts Bike Camp Camp #6: The long paved trails of the Palouse. We'll be riding the paved trails of the Palouse - Moscow, Troy, and end with Trail of the Coeur d'Alenes out of plumer, Idaho (Heyburn State park). Must be able to ride 8-10 miles each way to Moscow and beyond.

Instructor: Scott McBeath

Location: City Playfields

Age: 8-15 yrs

M-F.....Aug 6-10.....9:00am-5:00pm

\$145

Scotts Bike Camp Camp #7: Lazy Days in Pullman! With the heat of summer we will ride the trails and look for cool places to chill. Museums and canvassed for it with stops at Reaney Park Pool.

Instructor: Scott McBeath

Location: City Playfields

Age: 8-15 yrs

M-F.....Aug 13-17.....9:00am-5:00pm

\$145

Scotts Bike Camp Camp #8: Learn to repair and do maintenance on your bike. We will visit bike shops, and spend a day at the Palouse Bike Collective refurbishing used bikes. Be prepared to get your hands dirty and learn a great skill of maintaining and building your own bike.

Instructor: Scott McBeath

Location: City Playfields

Age: 10-15 yrs

M-Th.....Aug 20-23.....9:00am-5:00pm

\$120

Kids Daycamp at Night: Join us for fun in the park with crafts, run around time, and the perfect opportunity for the kids to get out and play! Your child will have a blast playing silly games, doing crafts, and enjoying the great outdoors, at Kruegel Park and Lawson Gardens.

Instructor: Joy Winning

Location: Kruegel Park

Age: 6-10 yrs

Tu-Th.....Aug 7-9.....6:30-8:30pm

\$30



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Discovery Zone

Summer Nerf Rival! Are you 12 years or older? Maybe it's time for you to step up to Nerf Rival. The Nerf Rival line of blasters fire a 1" sphere of foam at roughly 90 feet. We will be offering one day of play per month during the summer. Players will need to have their own blasters and we will provide the ammo. Players should bring their own eye protection. Games will be played at the Pioneer Center playground or walk to Kruegel Park or one of the other Pullman Parks, and will be super fun! Please bring a snack and a drink. Drop-off and pick-up will be at the Pioneer Center.

Instructor: Marlin Mangels/Staff
Location: Pioneer Center

Age: 12+ yrs
F.....Aug 3.....6:00-8:00pm
\$20

Summer Game Club! (Nerf included) It's Munchkin Party in the summer! We will have access to a lot of board games, like Munchkin and Castle Panic, and four hours to play them! Also play Nerf here at the Pioneer Center playground or walk to Kruegel Park or one of the other Pullman Parks. We supply darts, discs, goggles, and a limited supply of blasters. Please bring a snack and a drink. Drop-off and pick-up will be at the Pioneer Center.

Instructor: Marlin Mangels/Staff
Location: Pioneer Center

Age: 8-13 yrs
W.....Aug 1.....1:00-5:00pm
\$20

Summer Splash: Join us for a fun-filled week visiting Pullman's splash pad and other area pools. In addition to Reaney Park Pool, we will also travel to Lincoln Aquatic Center in Moscow, Colfax City Pool, and the Shoshone County Family Aquatic Center.

Instructor: Jean Druffel/Recreation Staff
Location: Pioneer Center

Age: 7-11 yrs
MTu,ThF.....Aug 6-10.....1:00-4:30pm
and W.....Aug 8.....1:00-5:00pm
\$65

Discovery Zone

Stream Adventures: Come explore the streams of Pullman! We will investigate the water cycle, local flora and fauna, and how to estimate the health of our waterways. Catching and identifying specimens will be at the top of our to-do list. We will visit many different sites. In addition, a WSU environmental lab will provide hands on models that investigate water movement, pollution dispersal, and remedies to erosion. Wear clothes and shoes that are comfortable to move in. Bring plenty of food and water to fuel an active body and mind. Please apply sun screen beforehand.

Instructor: Jamie Gaber
Location: Reaney Park

Age 7-15 yrs
M-F.....Aug 6-10.....1:00-5:00pm
\$98

Refresher Camp: Start the school year with confidence and ease! Transition from summer to school with Miss Dwina's Refresher Camp. Exercise the brain in the morning with academic practice and review, then exercise the body in the afternoon with outdoor fun and games! Mornings will cover math fact memorization, reading practice and fluency, and writing skills. Afternoons will be a mix of outdoor activities including a taste of Parkour, games from around the world, and/or fun with water. Get back in to the routine of school with a regular schedule and an academic focus, without sacrificing a day of summer fun! Miss Dwina is a certified Montessori elementary teacher and tutor.

Instructor: Dwina Noesbar
Location: Pioneer Center

Age: 6-12 yrs
M-F.....Aug 20-24.....9:30am-3:30pm
\$189



Discovery Zone

Summer Arts 3-D Sculpture Workshop: In this totally hands-on 3-D sculpture workshop, kids will be engaged using their creativity as they learn about and explore new sculpture techniques with a variety of materials. Projects may include sculptures of wood animals, mobiles, wire sports action figures, geodesic forms with straws, origami, pop-up cards, relief reptiles and other fun activities.

Certified teacher Carolyn Berman will guide students as they create these wonderful projects to take home and share. Remember to wear your messy painting clothes for making art!

Instructor: Carolyn Berman
Location: Pioneer Center

Age: 3rd-7th gr
M-F.....Aug 13-17.....9:00am-12:00pm
\$97

Youth Sports

Skyhawks Sports Academy provides sport programs where children discover and develop athletic skills and social values, such as teamwork, respect, and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

Basketball

Location: Sunnyside Elementary School
Ages: 6-12

M-F.....Aug 13-17.....9:00am - 3:00pm
\$135

Mini-Hawk

Location: Sunnyside Elementary School
Ages: 4-7

M-F.....Aug 6-10.....9:00am - 12:00pm
\$115

Multi-Sport

Location: City Playfields / Reaney Park Pool
Ages: 6-12

M-F.....Aug 20-24.....9:00am - 12:00pm or 3:00pm
\$115 (half day) \$135 (full day)



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General Recreation

AHA First Aid & CPR/AED American Heart Association: This class is for people that have the skills or are 1st time certifiers. Class is fast paced and meets all the First Aid CPR AED standards of OSHA and WISHA. Classes are with an instructor that will maximize the learning potential of adults. Class will include Blood Borne Pathogens. Upon completion, each participant will receive an American Heart Association certification good for two years. Remember class time depends upon the number of students and their understanding. These classes also meet the standards for Adult Daycares and Centers. Books are provided for the class, if you would like to purchase a book, they are \$5 payable at class.

Instructor: Judi Dunn Gray
Location: Pioneer Center
W.....Aug 29.....5:30-9:00pm
\$58

Program Cancellation:

If the Pullman School district cancels school for the day because of inclement weather, then all scheduled recreation and Senior Center classes and programs will be cancelled, if District is delayed two hours, programs on as scheduled. **All weather cancellations** are posted on our rainout line 509-334-3131 after a decision has been made for a program. If no update, programs are on as scheduled. We also post to our weather cancellation page at PullmanParksandRec.com, [Facebook](#), and send via text/SMS.

General Recreation

Pediatric First Aid/CPR/AED: This class is specifically for those needing certification in Pediatric CPR First Aid for childcare centers and staff. Classes are with an instructor that will maximize the learning potential of adult learners. Upon completion, each participant will receive a Pediatric American Heart Association certification good for two years, which meets requirements for Idaho and Washington childcare providers. Remember class time depends upon the number of students and their understanding. Books are provided for the class, if you would like to purchase a book, they are \$5 payable at class.

Instructor: Judi Dunn Gray
Location: Pioneer Center
Th.....Aug 7.....5:30-9:00pm
\$58

Rafting Trips: Join Salmon River Experience for a one-day rafting adventure down the Riggins stretch of the Salmon River. Licensed outfitter, Chuck Boyd, and his staff will provide rafts, waterproof storage bags, life jackets, lunch, and shuttle transportation from a meeting point near Riggins, ID. Transportation is not provided to Riggins, which is approximately three hours south of Pullman.

Instructor: Salmon River Experience Staff
Location: Meet at Lucille Recreation Site at 9:30am Pacific Daylight Time
Sa.....Aug 4.....9:30am-4:00pm
8-17 yrs
\$54
An adult must accompany youth, 17 and under
Adults
\$65

Pine Needle Basket Weaving: Participants will learn a technique of pine needle weaving to create their own small basket. All supplies included in the fee.

Instructor: Carol Skaggs
Location: Gladish Community Center, Rm 309
MW.....Aug 6-8.....1:00-4:00pm
\$60

Martial Arts

Girls on Guard© I

Defending yourself is a massive concept spanning mental, physical, and emotional prevention of harm. With regards to the physical component, you do not have to be a black belt or hide from the public to reduce the odds of surviving and escaping an attack. Girls on Guard© has been designed over several decades to support women and girls, to address the unique challenge of sexual violence and general self-defense. This is not an introductory martial arts program. Instead, it is a skill set designed for women of all body types and athleticism to defend themselves from a larger and stronger attacker. The class is fun, even though the techniques are serious, and content may be uncomfortable to discuss. Girls on Guard© is a program designed to give you the best techniques, that are easy to learn, and easy to remember under times of stress.

Instructor: Shane McFarland
Location: Mantis Martial Arts
Age: 12 yrs+
Sa.....Aug 4.....9:00am-12:00pm
\$40

Girls on Guard© II: This seminar is open to anyone interested in learning skills and abilities associated with escaping a non-stranger attack. Attending the first module is not a requirement, but highly encouraged (For example roughly 75% percent of the time a sexual assault is perpetrated by someone known to the potential victim). This is a fun and active class. We hope you will join us!

Instructor: Shane McFarland
Location: Mantis Martial Arts
Age: 12 yrs+
Su.....Aug 5.....9:00am-12:00pm
\$35



Find us on:
facebook®

See Activity Guide for Schedule Details

August 2018

Sun

Mon



Tue

Wed

Thu

Fri

Sat

			1 <ul style="list-style-type: none"> Concerts in the Park: Aaron Cerutti 6p Summer Game Club 1p 	2	3 <ul style="list-style-type: none"> Summer Nerf Rival 6p 	4 <ul style="list-style-type: none"> Rafting Trip 9:30a Girls on Guard I 9a
5 <ul style="list-style-type: none"> Girls on Guard II 9a 	6 <ul style="list-style-type: none"> Stream Adventures begins Summer Splash begins Skyhawks Mini-Hawk begins Pine Needle basket Weaving begins 	7 <ul style="list-style-type: none"> Kids Daycamp at Night begins Pediatric First Aid / CPR / AED 5:30p 	8 <ul style="list-style-type: none"> Dungeons & Dragons Game Day 5:30p Concerts in the Park: Mojo Box 6p 	9	10	11
12 <ul style="list-style-type: none"> CDA Summer Theatre: Legally Blonde the Musical 9a 	13 <ul style="list-style-type: none"> Campus Adventures begins Summer Arts 3-D Sculpture Workshop begins Skyhawks Basketball begins 	14	15 <ul style="list-style-type: none"> Concerts in the Park: Soulstice 6p 	16 <ul style="list-style-type: none"> Peach Festival at Greenbluff 9a 	17 	18
19	20 <ul style="list-style-type: none"> Horse & Pony camp begins Refresher Camp begins Skyhawks Multisport begins Coed Softball League games begin 	21	22 <ul style="list-style-type: none"> Dungeons & Dragons Game Day 5:30p 	23	24	25
26 <ul style="list-style-type: none"> Lake Coeur d'Alene & St. Joe River Cruise 9a 	27	28 	29 <ul style="list-style-type: none"> AHA First Aid & CPR / AED American Heart Association 5:30p 	30 <ul style="list-style-type: none"> Lewiston Historic Tour 9a 	31 <ul style="list-style-type: none"> Fitness Room Orientation 6p 	